

Viborg Orienteringsklub invites you to Laesoe 3-days: July 30th-31th-August 1st 2024.

Bulletin 1:

Programme:

Tuesday 30th July: **Long distance** Læsø plantage west.
Wednesday 31th July: **Middle distance** Læsø plantage south.
Thursday 1st August: **Long distance** Læsø plantage east.

Competition area: Læsø plantage.

Challenging and difficult landscape with a lot of inland dunes in open as well as in more overgrown areas. Some areas are very open forest. The contours vary from simple to very detailed. Few major forest roads and some small footpaths. In other areas a plantation like forest with more roads, tracks and rides.

Map: Læsø 2022. Revision May 2022 in top quality by our skilled WMOC and JWOC mapper Steen Frandsen. Contours 2.5 m. Scale 1:10.000 for most classes, but 1:7500 for the oldest classes.

Large selection of classes:

We have a large selection of classes, and offer six classes without age conditions to give you a choice of the distance to run in the difficult terrain.

Class	Sex	Age	Category	30/07 app. km	31/07 app. km	01/08 app. km	Course
H-10	M	0-10	Beginner	2,5	2,0	2,5	11
H11-12	M	11-12	Easy	4	3	4	9
H13-16	M	13-16	Medium	5,5	4	5,5	7
H17-20	M	17-20	Difficult	7	5	7	2
H21C	M	13-99	Easy	4	3	4	9
H21B	M	17-99	Medium	5,5	4	5,5	7
H21	M	21-39	Difficult	9	6	9	1
H40	M	40-49	Difficult	7	5	7	2
H50	M	50-59	Difficult	5,5	4,5	5,5	3
H60	M	60-69	Difficult	4,5	3,5	4,5	4
H70	M	70-79	Difficult	3,5	2,5	3,5	5
H80-	M	80-99	Difficult	3	2,0	3	6
H1	M	0-99	Difficult	7	5	7	2
H2	M	0-99	Difficult	5,5	4,5	5,5	3
H3	M	0-99	Difficult	4,5	3,5	4,5	4
D-10	W	0-10	Beginner	2,5	2,0	2,5	11
D11-12	W	11-12	Easy	3,5	2,5	3,5	10
D13-16	W	13-16	Medium	4,5	3,5	4,5	8
D17-20	W	17-20	Difficult	5,5	4,5	5,5	3
D21C	W	13-99	Easy	3,5	2,5	3,5	10
D21B	W	17-99	Medium	4,5	3,5	4,5	8
D21	W	21-39	Difficult	7	5	7	2
D40	W	40-49	Difficult	5,5	4,5	5,5	3
D50	W	50-59	Difficult	4,5	3,5	4,5	4
D60	W	60-69	Difficult	3,5	2,5	3,5	5
D70	W	70-79	Difficult	3	2,0	3	6
D80-	W	80-99	Difficult	3	2,0	3	6
D1	W	0-99	Difficult	5,5	4,5	5,5	3
D2	W	0-99	Difficult	4,5	3,5	4,5	4
D3	W	0-99	Difficult	3,5	2,5	3,5	5

Registration: Registration will open, and further details about payment and registration will be published in Bulletin 2 in January 2024.

Child course: A marked route of around 1,5 km is offered every day. It is for free, and there might be a small gift awarded.

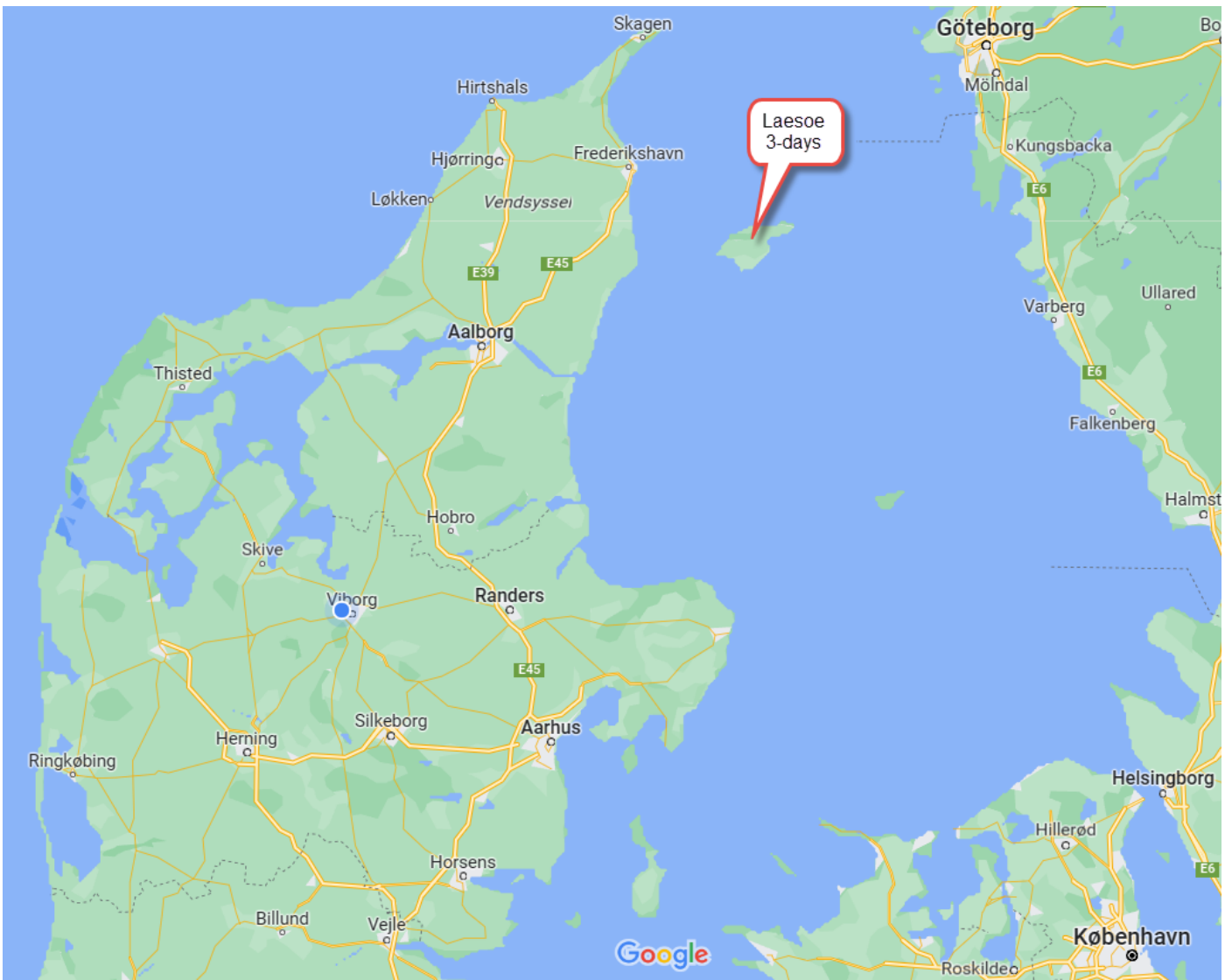
Ferry: You book the ferry yourself in good time. <http://www.laesoe-line.dk/>

Accommodation: You book your own accommodation in good time before the event.

Tourist office: Have a look at the internet. There are plenty of opportunities for accommodation.
<http://www.visitlaesoe.dk/>

More info: Event director: Keld Gade from Viborg OK on mail: kgadeprivat@mail.dk

Event location in Denmark:



Map examples:

