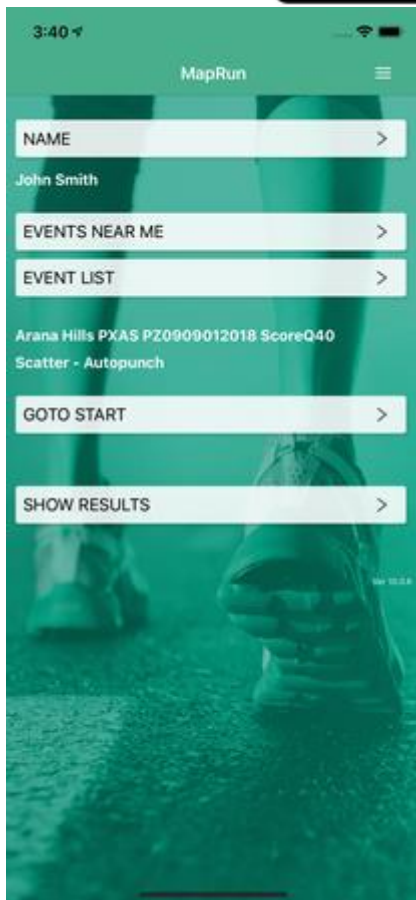


MapRunnersF

Quick Guide

MapRun is easy to use.

Install the free MapRun app for iOS or Android:



- Start the App
- Enter your **Name** - to be used with your results
- Tap **Select Event** and browse to the event you are looking for
- Alternatively, tap **Events Near Me** to display a list of events near your current location
- Tap **Goto Start** to see the map and course
 - If the organiser has locked the event, you may need to enter the 4-digit PIN that has been set

- Now tap **Start GPS**. It may take your GPS a moment or two to locate enough satellites, in which case you'll get a 'Waiting for GPS signal' message.
- Once the GPS is live, you need to **run or walk through the Start** to trigger the course timer.



- In most cases the Finish is in the same place, but MapRun should not punch the Finish if you have not visited a least one checkpoint.
- Remember that you need to pass through the **Finish** to stop the timer.
- At the finish, MapRun will automatically **upload your results**, or you can do it yourself. You can also send your results to Strava.

- Finally, you can compare your **results** with others on the same course and view the route you took.
- See the Results page for more information on the results and tracking service.

Race Result			
Time Results		Upload Results	
44	09:26:34	00:44	40
43	09:26:59	00:25	40
39	09:28:09	01:10	30
50	09:28:35	00:26	50
45	09:29:21	00:46	40
46	09:30:15	00:54	40
42	09:30:57	00:42	40
51	09:31:26	00:29	50
58	09:31:52	00:26	50
35	09:32:21	00:29	30
F1	09:32:34	00:13	--
Penalty			0
Total		27:06	1530

Course: Course1
Length: 5027 m

Brisbane City Council
New Farm Park

How does it work?

When a runner runs with the MapRun App, with an Event selected:

- The App tracks their location (without displaying it)
- It continually compares their location with the Latitude and Longitude of control locations contained in the Course File for the event
- If the distance to a control is less than 10 metres, the App records a punch on that control
- Events are started and finished by visiting the Start and Finish punches
- At the end of the event, the "rules" for the event type are applied to determine a result:
 - This includes checking for the correct sequence of controls for a line course, and
 - Calculating a score for score courses
- The runner's result file and track are automatically uploaded to the MapRun server at the end of the run

- The runner's result is merged with other results for this event and displayed on the phone and on the website.
- Runners can alternatively run just with a GPS watch and upload their track for a result to be determined.